

## BREAKING LIMITS - 1



### SOURCES OF LIMITATIONS

**Jn.8: 36; 1Jn.5: 4-5**

#### Case Studies:

1. City of Jericho - **2Kg.2: 19-22.**
2. Naaman - **2Kg.5: 1-14.**

We are all limited in a sense though in different ways but we can all break these limits if we have faith and are determined enough.

We then need to learn how to break free from those things that tend to limit us in life.

Why do we need to break limits?

God is unlimited so, we His children should be like Him - **Lk.1: 37; Mk.9: 23.**

Our limitations could come from several sources:

1. Ignorance or lack of knowledge - **Hos.4: 6.**
2. Sin - **Ezek.18: 4; Prov.14: 34** e.g. Judah, Gehazi, Virgin Mary (**1Tim.5: 22**).
3. Satan and demonic attacks - **Jn.10: 10; Eph.6: 10-12; 2Thess.2: 18.**
4. Curses - **Jer.17: 5-6 (Prov.26: 2)** e.g. Noah's curse on Canaan, son of Ham (**Gen.9: 24-25**); Joshua's curse on Jericho (**Josh.6: 26; 1Kg.16: 34**).
5. Self - This includes gender, age, race, height, complexion, personality, character, temperament, thoughts - **Prov.23: 7**, health, habits e.g. Dirtiness, laziness, excuses procrastination - **Prov.6: 6-11; 22: 13, 29.**
6. Ancestry, family background and upbringing e.g. Genealogy - **Matt.1: 1-11 (Gen.24: 47; 1Sam.17: 58).**
7. Company, spouse and friends - **1Cor.15: 33** e.g. Amnon & Jonadab, son of Shimei (2Sam.13), Rehoboam and his youthful friends (**1Kg.12**).
8. Location, territory and environment (physical & spiritual) - race, nationality, tribe, etc. e.g. Sports and profession. Weather, diet, tradition, culture, accent, idiosyncrasies e.g. Benjamites (**Judg.12**).

9. Bad leadership - **Prov.29: 2; Eccles.10: 16-17** e.g. Nigeria and many 3rd world countries
10. Lack of vision or purpose - **Prov.29: 18** e.g. Daniel (**Dan.1: 8**).
11. Lack of ambition, drive, determination and hope - **Prov.15: 13; 17: 22; Mk.11: 24; 1Tim.3: 1** e.g. Paul
12. Health status - **3Jn.2** - weakness, sickness, past injuries, scars and handicaps e.g. Jacob, Naaman, Zacchaeus and Woman with Spirit of infirmity, Paul, etc.
13. Finance - poverty, lack & indebtedness - **Prov.22: 7; 30: 8-9** e.g. Widow of the prophet (**2Kg.4: 1-7**).
14. Illiteracy and lack of skill (technical and social) - **Eccles.10: 10**.
15. Lack is of faith, fear, doubts and unbelief - **Mk.9: 23; 11: 23-24; Heb.11: 6; 3: 12**.
16. Divine favour and mercy - **Exod.33: 19**. This is why we must all take good care of our spiritual life and draw close to God - **Ps.91: 1-16; Jam.4: 8** e.g. Peter.